



Sixth Sense

Which Week?

This Week: 5th July Week 2

Next Week: 12th July Week 1

This Wednesday @ 5pm: Intro to UCAS

Please ensure that you remind parents and carers to log-on with you **via Teams at 5pm THIS WEDNESDAY** in order to get involved in a key information, advice and guidance session regarding the UCAS system and the process of applying to university. **Joanne Armitage and John Bowers will be hosting this 30min session, that will allow for questions and answers and provide a platform for you to begin your process of considering, fact-finding and applying to university.**



It's The Most Wonderful Time of the Year...

Regardless of the progress through the current 'Euro 2020' tournament, this is a time of the year that I hold in great affection. Part of the reason for this is the Wimbledon tennis championships. A fortnight that signals that rain is almost certainly on its way, but with it some degree of hope for a British player to lift the trophy. As someone who grew up in Wimbledon it also meant a very different end to the school day. When the school bell chimed, friends and I would have rapidly dropped our bags home, got changed and headed down to the stadium to watch the final games of the day on Centre Court. Were I able to deliver this to you all, I can absolutely vouch for its power as a tool for providing a sense of wellbeing and calm. Despite Andy Murray being knocked out this year, when he won in 2013, the local Morrisons changed its name temporarily to 'Murriwins'. This year, it is a very different individual who has captured imaginations. Emma Raducanu is a British player ranked #338th in the world, but is having the tournament of her life.

One of the most endearing aspects is that she is an 18 year old, Year 13 student who will be receiving her A level results next month and somehow has managed to navigate her way through being an excellent student, committed athlete and is absorbing the opportunities presented to her. She has been constantly telling herself 'why not me?' when reflecting upon whether she should still be in the tournament. She feels assured that she has put in the work and deserves to achieve. I believe the same can apply to so many of you who have similarly, put in this effort and are progressing so well within your respective courses. Why shouldn't you exceed your expected level and why shouldn't you plan your next steps to university or apprenticeship? Wednesday could be one of those opportunities that you embrace? Game, set and match!



Hopefully, you will have had a chance to either see or indeed use some of the games from the "Wardrobe of Wellbeing". Despite the reference to The Room of Requirement from the Harry Potter books, we hope these games will add a little light relief and ability to unwind during an Independent Study Period.

Its amazing how quickly, you can become absorbed in a best of 5 series of Connect 4. Scrabble can become a competitive affair also, ensuring you aren't cheated out of valuable points whilst Boggle and Dobble are both excellent diversions, to decompress from a busy day. **All we ask is that you pack them neatly away back into the 'wardrobe' when you are finished, and look after them.**