



Sixth Sense

Which Week?

This Week: 12th July Week 1

Next Week: 19th July Week 2

Friday: Non-Uniform Day = £1

This Friday will mark a final non-uniform day of the year and a little light relief from the year of wearing formal attire or training kit.



**KEEP
CALM
AND
DON'T FORGET
NON-UNIFORM DAY**

As ever, the suggested donation, to be collected during registration periods by your tutors will be £1, with all proceeds going to Ward 18 at Birmingham's Children's Hospital. Ward 18 is the oncology ward for children and teenagers of all ages that treats individuals with all kinds of cancer conditions. The 24 bedded ward is made up of two four-bedded bays with the rest of the beds being en-suite cubicles and crucially, they provide the opportunity for parents and carers to be able to stay with children all day and in addition, a room for one of them to stay next to you at night.

Please ensure that if you are in non-uniform, and are able to, that you donate.

“Come On...Sixth Form” - Fixed or Growth?



It's very clear that many of us were captivated by the incredible progress of the England football team at the recent Euro 2020 tournament. Regardless of whether you are a follower of football or not, you cannot help but reflect upon some of the key Tudor Habits, such as resilience in an effort to try and explain the team's ability to tackle the challenges of each competitive match. Each individual player needed to be nurtured by Gareth Southgate and his team to develop a 'growth mindset' to not be phased by their opponents or magnitude of the matches.

One such pioneer of academic work related to the are of growth mindset is Carol Dweck, a professor at Stanford University. She famously took a group of 330 students aged 11/12 and gave them a questionnaire to determine how they viewed talent. If they believed a person's intelligence is inherited/genetic they were classed as 'fixed' and if they believe intelligence is developed through effort they were classed as 'growth'. These two groups were then given a series of problems. The first eight were easy and the final four was massively difficult.

As the children worked their way through these, two staggeringly different results occurred. When 'fixed' mindset students answered the questions, they quickly blamed their intelligence and failures ("I guess I'm not very smart"). The thing that stuck out was that just before this, these student had experienced an unbroken string of success. Their intelligence was fine and little did they know that their performance was every bit as good as the growth mindset group. Two thirds of the fixed mindset group quickly deteriorated in finding strategies to solve the problems and the majority became incapable of using strategies (that they did possess) to solve the problem.

The growth mindset students were found not to blame their performance in anything. They didn't focus on reasons for failure. They didn't interpret themselves as failing. They were optimistic and subsequently, 80% either maintained or improved the quality of their strategies to solve the really difficult problems. They taught themselves (without realising) sophisticated strategies with some solving the tough problems that should have been beyond their ability.

In conclusion, despite being no better than the fixed mindset students, they ended-up showing a higher level of performance. I don't know what group you might class yourself as, but I know that I aspire for you all to have a growth mindset and very much hope that the England Football team view their own 'challenges' in the same way. Maybe it *will* come home next year, as I hope it will do for you all!